

Ks3 Food Timetable

Please find a list of ingredients/ equipment students will need for the next rotation of Food at Westfield School. Due to enhanced Covid-related hygiene precautions, students cook four times over eight weeks.

First, please check what group your child is in (they will have this written in their planner on their first lesson) and then check below to see what is needed for that group/ lesson.

We have access to student's food allergy information on our system and we are a nut-free room, but if you wish to discuss anything in relation to this or have any other queries, please do not hesitate to contact me via Weduc or my email which is m.hogan@westfield-chorustrust.org.

Please note, due to year-group bubble restrictions, students MUST collect their food at the end of the day on which they cooked. Unfortunately, we currently cannot store food overnight. Any leftover food has to be discarded, however any plastic containers left behind are washed out and stored for the students to collect at another time. Food can be collected up to 4pm on the day that it is cooked.

Thanks,

Mrs M Hogan

7Y/ Te3 (Thursday)

Please note! Students are to bring their ingredients/ container to room 140 at the start of the day.

| Group A 7Y/Te3 | Practical | Students need to bring in: |
|-------------------|---------------------|--|
| 17.12.20 | Pizza Toast | All ingredients are supplied by school |
| 14.1.21 | Upside-down pudding | 1 x 200g canned fruit e.g. pineapple rings A large container to take pudding home in (a Celebrations/ Quality Street plastic tub is ideal). |
| 28.1.21 | Soup | 1 x large potato 2 x carrots 1 x leek 1 x onion A large container to take soup home in |
| 11.2.21 | Crown Loaf | A large container to take bread home in |

7X/ Te2 and Te3 (Fridays)

Please note! Students are to bring their ingredients/ container to room 140 at the start of the day.

| Group A 7X/ Te3 | Group B 7X/Te2 | Practical | Students need to bring in: |
|--------------------|-------------------|---------------------|--|
| 18.12.20 | 8.1.21 | Pizza Toast | All ingredients are supplied by school |
| 15.1.21 | 22.1.21 | Upside-down Pudding | 1 x 200g canned fruit e.g. pineapple rings A large container to take pudding home in (a Celebrations/ Quality Street plastic tub is ideal). |
| 29.1.21 | 5.2.21 | Soup | 1 x large potato 2 x carrots 1 x leek 1 x onion A large container to take soup home in |
| 12.2.21 | 26.2.21 | Crown Loaf | A large container to take bread home in |

8Y- Te3/ Te4 (Wednesdays)

Please note! Students are to bring their ingredients/ container to room 139 at the start of the day.

| Group A 8Y/ Te3 | Group B 8Y/Te4 | Practical | Students need to bring in: |
|--------------------|-------------------|-----------|--|
| 16.12.21 | 6.1.21 | Pizza | All ingredients are supplied by school |
| 13.1.21 | 20.1.21 | Quiche | 100g Cheese e.g. Cheddar 2 x vegetables of your choice e.g. 1 onion and 1 salad tomato Optional- 50g of cooked meat e.g. ham, chicken or small tin of tuna A large container to take quiche home (a Celebrations/ Quality Street plastic tub is ideal). |
| 27.1.21 | 3.2.21 | Soup | 1 x large potato 2 x carrots 1 x leek 1 x onion A large container to take soup home in |
| 10.2.21 | 24.2.21 | Pasta Pot | 100g dried pasta shapes e.g. penne, macaroni, twists 2 x vegetables of your choice e.g. 1 onion and 1 salad tomato or 1 pepper... 1 x 400g tin of chopped tomatoes Optional- 50g grated cheese A large container to take pasta home in |

8X/ Te4 (Fridays)

Please note! Students are to bring their ingredients/ container to room 139 at the start of the day.

| Group A 8X/ Te4 | Practical | Students need to bring in: |
|--------------------|-----------|---|
| 18.12.21 | Pizza | All ingredients are supplied by school |
| 8.1.21 | Quiche | 100g Cheese e.g. Cheddar 2 x vegetables of your choice e.g. 1 onion and 1 salad tomato Optional- 50g of cooked meat e.g. ham, chicken or small tin of tuna A large container to take quiche home in (a Celebrations/ Quality Street plastic tub is ideal). |
| 22.1.21 | Soup | 1 x large potato 2 x carrots 1 x leek 1 x onion A large container to take soup home in |
| 5.2.21 | Pasta Pot | 100g dried pasta shapes e.g. penne, macaroni, twists 2 x vegetables of your choice e.g. 1 onion and 1 salad tomato or 1 pepper... 1 x 400g tin of chopped tomatoes Optional- 50g grated cheese A large container to take pasta home in |

9X- Te1/ Te5 (Mondays)

Please note! Students are to bring their ingredients/ container to room 140 at the start of the day.

| Group A 9X/ Te1 | Group B 9X/Te5 | Practical | Students need to bring in: |
|--------------------|-------------------|-----------------------|--|
| 14.12.21 | 4.1.21 | Chelsea Buns | All ingredients are supplied by school |
| 11.1.21 | 18.1.21 | Bakewell Tart | All ingredients are by school A large container to take the Tart home in (a Celebrations/ Quality Street plastic tub is ideal). |
| 25.1.21 | 1.2.21 | Swiss Roll | 100g soft fruits e.g. strawberries, raspberries, blueberries (or a combination of these) A large container to take Swiss Roll home in |
| 8.2.21 | 22.2.21 | Puff-pastry Twists | 100g Hard Cheese e.g. Cheddar Optional- 50g cooked meat e.g. ham, bacon, chicken |

9Y- Te5/ Te2 (Tuesdays)

Please note! Students are to bring their ingredients/ container to room 140 at the start of the day.

| Group A 9Y/ Te5 | Group B 9Y/Te2 | Practical | Students need to bring in: |
|--------------------|-------------------|-----------------------|--|
| 15.12.21 | 5.1.21 | Chelsea Buns | All ingredients are supplied by school |
| 12.1.21 | 19.1.21 | Bakewell Tart | All ingredients are by school A large container to take the Tart home in (a Celebrations/ Quality Street plastic tub is ideal). |
| 26.1.21 | 2.2.21 | Swiss Roll | 100g soft fruits e.g. strawberries, raspberries, blueberries (or a combination of these) A large container to take Swiss Roll home in |
| 9.2.21 | 23.2.21 | Puff-pastry Twists | 100g Hard Cheese e.g. Cheddar Optional- 50g cooked meat e.g. ham, bacon, chicken |