Barriers are the social. mental, physical, economic factors which can make participating in sport and physical activity difficult for some groups of people.

> Teenagers (13-19) **Barriers**

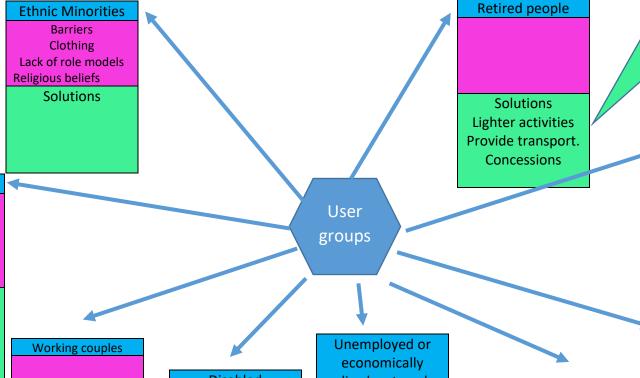
Disposable income

Awareness of

activities

Access

TOPIC ON A PAGE LO1 - Understand the issues which affect participation in sport



Employment/lack of time **Family commitments** Disposable income **Accessibility of** facilities Lack of role models Type of activities Lack of awareness of activities Portrayal of gender issues by the media **Religious beliefs**

Solutions

Offer sessions to

businesses

Offer 30min slots

Posters to places of

work

Disabled

Barriers Access Type of activities Lack of role models disadvantaged

Solutions Free sessions Free transport Posters in dole office

Children (2-12)

Barriers Access Disposable income **Awareness**

Solutions are the things which individuals or sports provider can put in place to help break down barriers and allow as many people as possible to participate in physical activity or sport.

Provision, promotion,

Families with young children

Solutions Timing of sessions Family activities Kids go free.

Single parents

Barriers Lack of time Family commitments Lack of awareness **Solutions** Free crèche

Free child places Posters in shops

Provision - what is provided locally? Promotion - how people find out what is provided locally. Access - how easy is it for people to attend?

TOPIC ON A PAGE LO1 - Understand the issues which affect participation in sport

Factors affecting the popularity of a sport.

	P	articipation	The history and current popularity of a sport can influence the next generation	
Envir	0	nment	The weather will sometimes dictate the popularity of a sport in a specific country	
	P		Accessibility of a sport will automatically make it more popular	
Individ	U	al success	Major international success	
	L			
Spect	A	torship	S ports that are played in front of a large number of people will create wider interest	
Pay pe	R	view channels	Some sports are easily accessible to watch on normal TV channels where other sports are only available on pay per view channels	
Med	I	a Coverage		
Success of a	T	eam		
Acceptabilit	Y		Some sports are often seen to present a negative image to young people and therefore discouraged by parents/guardians	

EMERGING SPORTS

Ultimate Frisbee
Padel Tennis

POPULAR SPORTS – Lots of people do them! Swimming Cycling Football Athletics

Angling¹
Badminton
Tennis⁸
Exercise, Movement, and
Dance

Golf

Why are they popular? Cheap, little equipment required, easily accessible for many, facilities available, seen on TV (top ones)!

TOPIC ON A PAGE LO2 - Know about the role of sport in promoting values

Values of sport	How are they developed?	Olympic & Paralympic Values	How are they developed?
<u>T</u> eam spirit	Working together to achieve a goal	<u>F</u> riendship (O)	Spending time with the same
Tolerance and respect	Looking out for team mates and		people, even opponents.
	opponents	Respect (O)	Respect for the time and effort
	Following rules and accepting		others put in.
	punishments.	Excellence (O)	Striving to be the very best you
<u>N</u> ational Pride	Watching the national side.		can
		Determination (O)	Never giving in despite the
Inclusion	Available for everyone to participate.		challenges
		Inspiration (PO)	Looking up to others, inspiring
<u>C</u> itizenship	Getting involved in things, feeling of		others to overcome challenges.
	worth	Courage (PO)	The battle to be the best 'at any
<u>E</u> xcellence	Gaining success for efforts and		cost'.
	performance	<u>E</u> quality (PO)	Chance for all to have their
			moment.

The Olympics

"The most important thing is not to win but to take part, just as the most important thing in life is not the triumph but the struggle. The essential thing is not to have conquered, but to have fought well." Pierre De Coubertin

The Symbol represents the 5 continents taking part



Initiatives

FIFA's 'Football for Hope' campaign

ECB's 'Chance to Shine' programme

Sport Relief

Premier League's 'Creating

Chances' initiative

Etiquette - There are certain unwritten rules that we should stick to. The actual rules of the game are fixed, but these unwritten rules are known as etiquette Reasons for good etiquette:

- Fairness
- **Promoting values**
- Safety of participants or spectators

Sportsmanship – When performers act in a manner with positive etiquette

Gamesmanship – When performers act in a manner that use methods that are not illegal or rule breaking, but may not be seen as being fair (poor etiquette)

Spectator etiquette – When supports act in a manner that will help the performance of an individual or team

Methods to reduce taking performance enhancing drugs

World Anti-Doping Agency

Whereabouts rule – Top elite athletes are responsible for informing their sports governing body of where they will be at all times when out of season

Testing methods - Blood sampling
Urine sample
Hair sample

Who's been caught?

- Dwain Chambers
- Lance Armstrong
- Alex Rodriquez
- Marion Jones
- Ben Johnson
- Rio Ferdinand





TOPIC ON A PAGE LO3 - Understand the importance of hosting major sporting events Types of major sporting events.

Advantages of hosting a major sporting event

Improved status

Increased tourism

Improved infrastructure - roads, rail links, accommodation (housing)

Improved sports facilities

Financial profit may be made

Characteristics/features

- Scheduling
- 'One-off' Will only happen within any given country once in a generation
- Regular Annual event that could be held in the same country/city more than once within a
- short period of time
 - Regularity How often that sporting event will take place (every year/every 2 years/every 4 years)
 - International element
- Number of countries involved?
- How much spectator interest is there?
 - Level of Investment
- Required
- Which may be attracted

Disadvantages of hosting a major sporting event

High cost of improving transport links

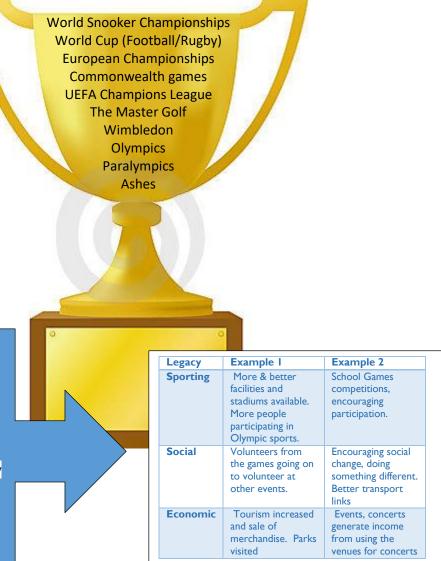
Vulnerability to terrorism

Risk of complaints about the organisation

Huge financial gamble - it may make a huge loss

Security concerns

The London 2012 Olympic
Legacy is the longerterm benefits and effects of
the planning, funding,
building and staging of
the Olympic and
Paralympic Games in
summer 2012. It is variously
described as: economic –
supporting new jobs and
skills, encouraging trade,
inward investment and
tourism.



TOPIC ON A PAGE LO 4: Know about the role of National Governing Bodies in sport

?	
Promote participation - target groups Increase popularity - schemes for schools (satellite clubs) Exposure to the media - press releases	NEWS ©
National/Elite training — St George's Park Coaching awards — FA Level I Training of officials — Table Tennis Junior Umpire Award	

6 focus areas Promotion Development Infrastructure Policies and initiatives Funding Support

BADMINTO

ENGLAND Play it. Love it. Live it.

Development Competitions and tournaments - At all levels Rule making and disciplinary procedures – fines and bans for individuals or teams Providing a national vision -"THE FA AIMS TO MAKE FOOTBALL A POSITIVE AND INCLUSIVE EXPERIENCE FOR EVERYONE" Provide insurance for members Help to develop facilities - Wembley Stadium

Anti-doping policies - list of banned substances and initiatives Etiquette and Fair play - The FA "Kick it out" campaign Community programmes – Swimfit Guidance on safeguarding

Funding	Receive money from Sport England
	Attract investment; Sponsorship; TV Rights; Merchandise
	Distribute money for: Promoting the sport
	Developing the sport (Performance/coaching/officiating)
Ξ	Running competitions
	Helping to develop facilities
	Drug testing
	Provide technical advice – i.e. about playing surfaces/equipment
port	Provide contact details for local clubs
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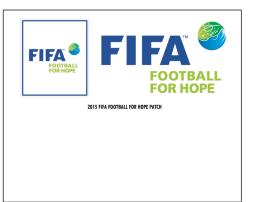






INITIATIVES











FIFA's 'Football for Hope' campaign ECB's 'Chance to Shine' programme Sport Relief

Premier League's 'Creating Chances' initiative

£10m Sport England scheme to increase participation in sport by women



